

# TFFR Member Online Instructions

1. Go to <http://www.rio.nd.gov>
2. Under the TFFR Login tab, click Member Login.

The screenshot shows the North Dakota website header with the logo and navigation menu. The 'TFFR Login' dropdown menu is open, showing 'Member Login' and 'Employer Login' options. Below the navigation, there are two main sections: 'TFFR MEMBER LOGIN' and 'TFFR EMPLOYER LOGIN'. Each section includes a description, a link to online instructions, and a 'Login' button.

North Dakota nd.gov Official Portal for North Dakota State Government

NORTH Dakota Retirement and Investment Be Legendary.™

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## TFFR Member / Employer Log

**TFFR MEMBER LOGIN**  
Login to view account information  
[TFFR Member Online Instructions](#)  
Login

**TFFR EMPLOYER LOGIN**  
Login to upload salary files  
[TFFR Employer Online Instructions](#)  
Login

Please contact our office with any questions or comments at 701-328-9885 or 800-952-2970

3. You should now see the "Personal North Dakota Login" page as shown below.

**NOTE:** The login used should be a Personal North Dakota Login and not one that you use for business purposes. For example, if you have a Personal North Dakota Login that you use for ND Teach, STARS, Motor Vehicle Registration or a Hunting and Fishing License purchase, you would use the same login here.



## North Dakota Retirement and Investment Office

### TFFR Member Login

You are entering TFFR Member Online Services.

Enter your Personal North Dakota Login ID and Password.

North Dakota  
*login*

**Already Registered - [Not sure?](#)**

North Dakota Login:

[Forgot Login](#)

Password:

[Forgot Password](#)

[Update your account](#)

**New to North Dakota Online Services?**

Benefits of North Dakota Login

- One North Dakota Login and password to access multiple [ND Online Services](#)
- Register once for secure access to State services

Need help? Read through the [FAQ](#).

For assistance with this North Dakota Login, contact the [Service Desk](#).

If you need assistance with TFFR Member Online Services, please contact [RIO Team](#).



We use Secure Sockets Layer (SSL) encryption technology to ensure your information is secure and protected.

[Contact Us](#) | [Disclaimer](#) | [Privacy Policy](#) | [Security Policy](#)



4. If you already have a North Dakota Login that you use for personal purposes, move on to step #10. If you do not have a Personal North Dakota Login, continue to step #5.
5. To create a new Personal North Dakota Login, click the "Register Now" link and you will see the following page below. Complete the Account information details and fill in the required fields that are denoted with an \*.

# Create your account

\* = Required

## Account information

First name \*

Last name \*

User ID \*

Password \*

- 8 or more characters
- At least 1 uppercase letter
- At least 1 lowercase letter
- At least 1 number
- At least 1 special character

Password strength:

- Once you have your information entered, click the "Create account" button.
- If you already have a North Dakota Login created for personal use, you will see a screen that states "Existing account". Click the third option "Create a new account using the same email address" and click the "Continue" button.
- You will now see a screen asking you to verify your information. You will be sent a confirmation email with your new Personal North Dakota Login that contains an activation code to activate the account. Enter the activation code into the box named "Enter activation code:" and click the "Confirm" button to activate the account.
- Click the "Return to online service" button.

10. Enter your Personal North Dakota Login and Password and click the "Login" button. If your login is successful, you will see the TFFR Member Online News page. If it is the first-time logging into the TFFR portal, you will be prompted for more information for verification purposes. If you do not know your TFFR person id, please contact the TFFR office at 701-328-9885<sup>(S)</sup> or 800-952-2970<sup>(S)</sup>. The TFFR credentials will only be required on your first successful login. Future visits to TFFR Member Online Services will only require you to enter your Personal North Dakota Login and Password.

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## TFFR Member Online Functionality Links

Here is a brief description for each functional link on the left-hand side of the screen:

- **Summary** - displays an overview of your retirement account information including your account value. **Please note this Summary will take a few seconds to display.**
- **Annual Statement** - provides your most recent annual statement (currently non-retired members only).
- **Salary/Service Detail** - displays information regarding your salary and service history.
- **Refunds** - displays information about refunds you have received.
- **Purchases** - displays information about service purchases you have made.
- **Pension Payments** - provides deduction detail for the last 24 pension payments you received.
- **Account Selector** - if you have more than one TFFR account, you can switch between your member and beneficiary in payment accounts.

*Not all links will be available to all users - selections based on plan status.*

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## TFFR Member Online Navigation Links

Here is a brief description for each navigation link:

- **News** - Displays news, information, and updates related to Teachers' Fund for Retirement.
- **Print** - Allows you to print screens/information from the functional links.
- **Help** - Provides information to contact RIO if you have problems .
- **Logout** - You will be logged out and returned to the Personal North Dakota Login page.