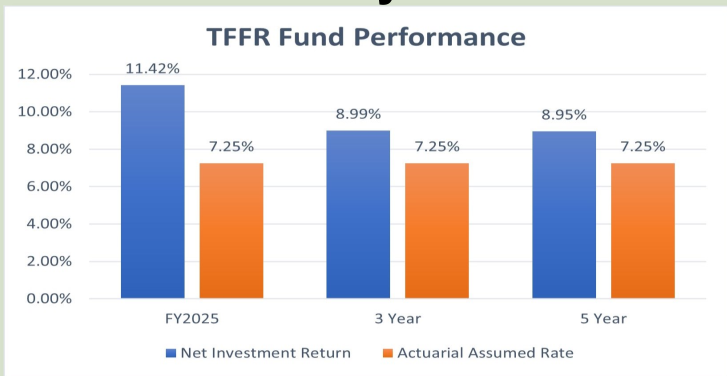
NORTH Dakota | Teachers' Fund For Retirement

Be Legendary. RETIREMENT & INVESTMENT

TFFR's financial strength grows, unfunded liability reduced



The Teachers' Fund for Retirement (TFFR) continues to make steady progress toward long-term financial health.

Each year, the Board of Trustees reviews an independent actuarial valuation to assess the plan's financial strength. The most recent report, prepared by GRS as of July 1, 2025, shows encouraging results.

A key measure of the plan's financial health is the funded ratio, which compares the assets available to pay benefits with long-term obligations. In 2025, TFFR's funded ratio improved to 73.4%, up from 71.6% in 2024. This increase reflects solid investment performance and disciplined funding practices.

As investment gains continue to reduce the plan's unfunded liability, the estimated time needed to fully fund all benefits has shortened to 17 years. In addition, the plan's long-term investment return assumption was lowered from 7.25% to 7.15%.

Overall, these results highlight continued progress and reinforce TFFR's commitment to providing a secure and sustainable retirement for North Dakota educators.

Total Retired Members:	9,664
Average Annual Pension:	$29,370
Average Current Age:	74.2
Oldest Retiree:	103
Average Years of Service:	26.95
Most Years of Service:	49.083

Active Members Total:	12,012
Average Annual Salary:	$70,749
Average Age:	41.6
Average Service:	11.6 years
Inactive Members Total:	4,262
Vested 2,308; Non-vested 1,954	

*All data as of 07/01/2025.

TFFR earns national honor

In December, the Teachers' Fund for Retirement (TFFR) was recognized with the 2025 Public Pension Standards Award for Funding and Administration. The award is the benchmark for excellence in public defined benefit plans, evaluating standards of management, administration, and funding.

Overseen by the TFFR Board of Trustees and administered by RIO, this is the ninth consecutive year that the program has received the award from the Public Pension Coordinating Council.

RIO receives financial award

RIO was awarded the Certificate of Achievement for Excellence in Financial Reporting by the Government Finance Officers Association in September.

This honor recognizes RIO's FY 2024 Annual Comprehensive Financial Report (ACFR) for its clarity, organization, and compliance with both generally accepted accounting principles and legal requirements. This achievement reflects RIO's commitment to transparency and accountability in managing public funds.

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Retired Member News
February 2026

How to access and read your annual benefit statement

Teachers' Fund for Retirement (TFFR) annual benefit statements for calendar year 2025 were posted to retired member accounts in December.

ACCESSING YOUR STATEMENT USING *My*TFFR

Log in to *My*TFFR Member Self-Service by selecting the Member Login button on the RIO website, rio.nd.gov. Once logged in to *My*TFFR, select the *My Statements* tile on your Dashboard.

Statements are provided electronically by default. To receive the statement by mail, you can update your communications preference using the *My Profile* tile.

HOW TO READ YOUR STATEMENT

Section 1 – Contact Information

Verify your mailing address. If an update is needed, it can be made using the *My Profile* tile.

Section 2 – Beneficiary(ies)

Your primary beneficiary(ies) is listed here. If a beneficiary has passed away, contact RIO to discuss how this may affect your annuity payment.

Section 3 – Monthly Benefit

- Effective: Your January 1 retirement benefit payment, including taxes withheld and deductions.
- Previous: Your December 1 retirement benefit payment, including taxes withheld and deductions.
- Year-to-Date: Total pension amounts for calendar year 2025.
- Net Benefit: Shows the actual amount deposited into your bank account. If changes occur (e.g., tax withholding, insurance premiums), the statement will highlight them.

Section 4 – Demographic Information

Displays current age, phone number, email address, preferred communication method, and retirement date. Incorrect phone numbers or email addresses can be updated using the *My Profile* tile.

NORTH Dakota Be Legendary.
Teachers' Fund For Retirement
RETIREMENT & INVESTMENT

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First Name Last Name
Address
City State Zip

TFFR ANNUAL BENEFIT STATEMENT
as of December 31, 2025

*This statement is current as of the date shown and based on data in the Teachers' Fund for Retirement (TFFR) system. Annual benefit statements are provided electronically by default. To receive a paper copy, update your Communication Preference in MyProfile within MyTFFR Member Self-Service.**

BENEFICIARY INFORMATION 2

Primary Beneficiary	Distribution
Name	100.00%
Contingent Beneficiaries	Distribution
Name	0.00%

DEMOGRAPHIC INFORMATION 4

Current Age: 77.569
Phone Number: (701)867-5309
Email Address: name@gmail.com
Preferred Method of Communication:
Retirement Date: 08/01/2006

ACCOUNT INFORMATION 5

Taxable at Retirement:	$141,666.26
Non-Taxable at Retirement:	$8,754.31
Account Value at Retirement:	$150,420.57
Received Life-to-Date:	$813,754.56
Account Balance Remaining:	$0.00
Membership Tier:	TIER 1
Service Credit:	37.171
Benefit Option at Retirement:	100% Joint & Survivor

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MONTHLY BENEFIT	**EFFECTIVE 01/01/2026**	**PREVIOUS 12/01/2025**	**YEAR-TO-DATE**
Taxable	$3,269.56	$3,269.56	$39,34.72
Non-Taxable	$22.18	$22.18	$216.16
Retroactive Adjustment	$0.00	$0.00	$0.00
Total Gross Benefit	**$3,291.74**	**$3,291.7**	**$39,500.88**
DEDUCTIONS			
Federal Tax	($58.62)	($77.06)	($924.72)
State Tax	($24.10)	($24.10)	($289.20)
PERS Health Insurance	$0.00	$0.00	$0.00
PERS Life Insurance	$0.00	$0.00	$0.00
PERS Vision Insurance	$0.00	$0.00	$0.00
PERS Dental Insurance	$0.00	$0.00	$0.00
NDRTA Dues (July Only)	$0.00	$0.00	$0.00
NDU Dues (July Only)	$0.00	$0.00	$0.00
Other Deductions	$0.00	$0.00	$0.00
Total Deductions	**($82.72)**	**($101.16)**	**($1,213.92)**
Total Net Benefit	**$3,20.02**	**$3,190.58**	**$38,286.96**

*Visit the MyTFFR Member Self-Service portal at www.nd.gov/rio for information about your benefit payments, beneficiary elections, or to update your contact information and communication preferences.

DISCLAIMER: This notice provides YTD totals based on data in the TFFR system. Your 1099R tax form will be mailed at the end of January.

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Section 5 – Account Information

Includes your Account Value at Retirement and Total Received Life-to-Date.

Questions

If you have questions about the information provided, you can contact RIO's retirement services division using the *Contact Us* tile on your *My*TFFR dashboard.

Managing your tax withholding and obtaining your 1099-R

For the 2026 tax year, Teachers' Fund for Retirement (TFFR) retirees can make withholding changes electronically through *My*TFFR Member Self-Service.

Federal Tax Withholding

Federal withholding is calculated using the IRS formula, which may change the amount withheld from your benefit. Retirees can update federal withholding in *My*TFFR via the *Update Tax Withholding* tile or by submitting a 2026 Form W-4P. No action is needed unless you want to make a change.

North Dakota State Tax Withholding

State withholding is a fixed dollar amount. For 2026, your withholding will remain the same as December 2025 unless you request a change. Updates can be made in *My*TFFR or by submitting SFN 11729 – Withholding Allowance Election for Pension Payments.

Recommendations

- Review your withholding annually, especially if your tax situation changes. Current elections are available on your Annual Benefit Statement.
- Consult a qualified tax advisor. Retirement and Investment Office staff cannot provide tax advice.

Looking for your 1099-R?

Your 1099-R was mailed in late January and also posted to *My*TFFR under the *My Tax Forms* tile.